**Lesson Experience Assignment**

1. List the equipment the instructor prepared for his/her class:
2. Did all the swimmers participate in the same activities? Why or why not?
3. What items did the instructor demonstrate, and what outcome did it have for the students?
4. Did the instructor keep the student’s in view at all times?
5. Did the instructor use a variety of teaching methods (Direct, Discovery, Games)? Which ones did you see?
6. Did the instructor provide short, simple and specific feedback?
7. Did the instructor break down a skill when correcting? Did they use a variety of corrective methods?
8. Did the instructor use key points and perception checks? Give an example:
9. Were the swimmers active and in the water for at least 95% of the lesson?
10. List three different formations that were used through the lesson:

**Lesson Observation Assignment**

You will be watching a SK class for approximately 30 minutes. During that time, look for and record the following:

Level:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Formations:**

1. Draw a picture of the formations, using the maps below, the instructor is using. (Indicate students with an ‘X’ and the instructor with an ‘I’)
2. Using arrows, show the movement of the students through the formations.

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**Safety:**

1. Watch the instructor for any safety concerns, and note below:

**Progressions:**

1. Make a note of ALL of the progression and activities that you see during your observation and note below:

**Active and Wet:**

1. Using a stop watch or a pace clock, choose one child in the class, and time the amount of time they spent involved in organized activity (does not include the time spent giving directions or waiting on the wall). Use the area below for notes:

Time student spent swimming:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_